



Overall Female

Angels Race VA

Downtown YMCA-Lynchburg, VA 4/15/2007 08:00AM

Place	Age	Cat.	NAME	CITY/STATE	Rank	SWIM Rank	T1	Rank	BIKE Rank	T2	Rank	RUN	PENALTY	TIME	DQ
1	28	EF	BETH SHUTT	NATRONA HEIGHTS PA	7	00:04:452	00:01:051	00:44:2534	00:01:341	00:19:59		01:11:46			
2	32	EF	CAT PHILLIPS	LYNCHBURG VA	22	00:05:3211	00:01:484	00:47:132	00:01:063	00:20:27		01:16:05			
3	23		KAREN HELMSTETTER	QUANTICO VA	10	00:05:0014	00:01:553	00:47:068	00:01:136	00:21:28		01:16:40			
4	22		CHRISTIE O'HARA	HARRISONBURG VA	33	00:05:511	00:01:052	00:47:0158	00:02:058	00:21:43		01:17:42			
5	29		SAMANTHA BIRD	ARLINGTON VA	1	00:04:2219	00:02:059	00:49:1010	00:01:175	00:21:05		01:17:57			
6	40		DONNA HODGERT	LYNCHBURG VA	3	00:04:285	00:01:226	00:48:2338	00:01:439	00:22:47		01:18:41			
7	23		LAURA HAMM	BLACKSBURG VA	52	00:06:2339	00:02:528	00:49:0614	00:01:212	00:20:14		01:19:55			
8	35		CHRISTINA MEYER	MCGAHEYSVILLE VA	20	00:05:306	00:01:245	00:48:0019	00:01:2416	00:23:44		01:20:00			
9	22		CHRISTINA SMITH	BLACKSBURG VA	13	00:05:137	00:01:437	00:48:5865	00:02:1120	00:24:08		01:22:11			
10	21		MADALYN TURNER	LYNCHBURG VA	35	00:05:5425	00:02:3210	00:51:4883	00:02:3311	00:23:07		01:25:53			
11	44		KIM CUMBIE	HARPERS FERRY WV	19	00:05:284	00:01:1912	00:52:1455	00:02:0127	00:25:20		01:26:20			
12	41		LIBBY BLANKENSHIP	PROANOKE VA	5	00:04:3721	00:02:0817	00:53:3423	00:01:2725	00:24:44		01:26:27			
13	31		RACHEL SENGENBERGER	LYNCHBURG VA	48	00:06:129	00:01:4711	00:52:1246	00:01:5324	00:24:38		01:26:40			
14	38		GABRIELLE SUYDAM	LYNCHBURG VA	17	00:05:2520	00:02:0722	00:54:4536	00:01:3613	00:23:23		01:27:14			
15	54		BETSY HENDERSON	ROANOKE VA	42	00:05:5923	00:02:1614	00:52:5625	00:01:2928	00:25:32		01:28:09			
16	30		EVA WATKINS	ALEXANDRIA VA	23	00:05:3318	00:02:0113	00:52:2117	00:01:2250	00:27:46		01:29:01			
17	39		JENNY LEUPOLD	FREDERICKSBURG VA	24	00:05:3617	00:01:5927	00:56:0674	00:02:2410	00:23:04		01:29:07			
18	25		LINDSAY CHRISTEN	LYNCHBURG VA	27	00:05:4126	00:02:3220	00:54:1653	00:02:0037	00:26:19		01:30:47			
19	43		CONNIE GLUECK	WILLIAMSBURG VA	82	00:07:2715	00:01:5825	00:54:5784	00:02:3421	00:24:13		01:31:07			
20	50		CLAIRE LAU	CHESTERFIELD VA	36	00:05:558	00:01:4523	00:54:48102	00:03:5626	00:25:03		01:31:24			
21	25		AIMEE RILEY	FOREST VA	59	00:06:3240	00:02:5418	00:53:5764	00:02:1038	00:26:21		01:31:52			
22	22		JENNA FAVIN	HARRISONBURG VA	64	00:06:3827	00:02:3331	00:56:3786	00:02:4214	00:23:34		01:32:02			
23	35		KATI DERRICK	ROANOKE VA	14	00:05:1813	00:01:5332	00:56:4559	00:02:0740	00:26:22		01:32:22			
24	31		VELVET MINNICK	CHRISTIANSBURG VA	74	00:07:1110	00:01:4728	00:56:0841	00:01:4835	00:26:13		01:33:05			
25	30		JENNIFER BOWMAN	HARRISONBURG VA	62	00:06:3645	00:03:0119	00:54:0443	00:01:5149	00:27:42		01:33:13			
26	29		JENNIFER HODGIN	LYNCHBURG VA	43	00:06:0486	00:03:5330	00:56:164	00:01:0833	00:25:58		01:33:18			
27	24		KIMBERLY JENKO	WASHINGTON DC	2	00:04:2834	00:02:5041	00:59:311	00:01:0329	00:25:34		01:33:25			
28	39		ROBIN PACKER	GOODE VA	53	00:06:2416	00:01:5826	00:55:5524	00:01:2853	00:28:01		01:33:44			
29	39		MICHELLE MESSICK	FREDERICKSBURG VA	70	00:06:5943	00:02:5924	00:54:5252	00:01:5846	00:27:24		01:34:11			
30	16		KRISTIN ULMER	LYNCHBURG VA	28	00:05:4393	00:04:1538	00:59:0832	00:01:3315	00:23:34		01:34:11			
31	30		DANNER EVANS	LYNCHBURG VA	63	00:06:3733	00:02:5033	00:56:5566	00:02:1330	00:25:47		01:34:20			
32	21		MEAGAN MONTGOMERY	BLACKSBURG VA	9	00:04:5758	00:03:1351	01:01:4631	00:01:3312	00:23:21		01:34:48			
33	22		HEATHER CLAUS	ANNAPOLIS MD	6	00:04:3841	00:02:5743	00:59:3516	00:01:2241	00:26:28		01:34:58			
34	53		BARBARA CARSON-CAMPBELL	MT. CRAWFORD VA	55	00:06:2635	00:02:5021	00:54:3393	00:02:5861	00:28:28		01:35:13			
35	19		KAILA ELLY	HARRISONBURG VA	4	00:04:3348	00:03:0348	01:01:2151	00:01:5723	00:24:25		01:35:17			
36	25		REBEKAH SAGAN	ARLINGTON VA	29	00:05:4432	00:02:4854	01:02:179	00:01:1618	00:23:54		01:35:56			
37	51		LYNN BRADSHAW	ROANOKE VA	71	00:07:0072	00:03:3716	00:53:19103	00:03:5658	00:28:23		01:36:14			
38	45		SHANNON BARRRAS-ESPIE	CHARLOTTESVILLE VA	95	00:08:0869	00:03:3234	00:57:1169	00:02:2043	00:26:32		01:37:40			
39	20		EMILY HALLER	HARRISONBURG VA	75	00:07:123	00:01:1745	01:00:0120	00:01:2452	00:27:56		01:37:47			
40	46		DONNA WILLIAMS	SALEM VA	114	00:09:3054	00:03:1136	00:58:4087	00:02:4517	00:23:50		01:37:54			
41	39		SHANNON WOHLER	SPOTSYLVANIA VA	93	00:07:5629	00:02:4039	00:59:1591	00:02:5436	00:26:14		01:38:57			
42	45		ANNETTE BUCK	FREDERICKSBURG VA	109	00:08:5059	00:03:1415	00:53:10106	00:04:1474	00:30:29		01:39:56			
43	20		SARAH ROBARGE	LORTON VA	54	00:06:2555	00:03:1258	01:02:4311	00:01:1739	00:26:22		01:39:57			
44	27		ABBY THORNBURY	LYNCHBURG VA	101	00:08:2144	00:03:0046	01:00:1722	00:01:2544	00:27:17		01:40:17			
45	46		EVELYN KELLY	ROANOKE VA	65	00:06:5380	00:03:4929	00:56:1096	00:03:0679	00:31:05		01:41:02			
46	30		CHRISTY GONZALEZ	LYNCHBURG VA	40	00:05:5774	00:03:4356	01:02:3594	00:03:0142	00:26:30		01:41:45			
47	21		MEGAN GARVEY	HARRISONBURG VA	44	00:06:05118	00:07:5535	00:57:16109	00:04:5431	00:25:47		01:41:55			
48	30		JENNIFER BEEKER	LYNCHBURG VA	21	00:05:3171	00:03:3472	01:06:4440	00:01:4822	00:24:25		01:42:00			
49	33		NINA DILLON	LYNCHBURG VA	58	00:06:3275	00:03:4452	01:01:5367	00:02:1454	00:28:01		01:42:21			
50	28		ANNA GILKEY	LYNCHBURG VA	90	00:07:4956	00:03:1247	01:00:5476	00:02:2660	00:28:26		01:42:44			

51	30	SHARON JACOBS	WOODBERRY FOREST VA	12	00:05:1147	00:03:0263	01:04:3875	00:02:2551	00:27:53	01:43:08
52	20	KATHERINE WOOTEN	ORANGE VA	105	00:08:3524	00:02:2753	01:02:0990	00:02:5048	00:27:41	01:43:40
53	25	KELLY RALSTON	KATY TX	88	00:07:4495	00:04:1878	01:08:5773	00:02:227	00:21:41	01:45:00
54	37	JACQUELINE BURKE	ALEXANDRIA VA	80	00:07:1831	00:02:4760	01:03:5327	00:01:3070	00:29:47	01:45:14
55	33	SHELLEY STEPHENS	EVINGTON VA	67	00:06:55107	00:05:3537	00:58:4999	00:03:2376	00:30:35	01:45:15
56	22	KATE MEEHAN	CHARLOTTESVILLE VA	66	00:06:5479	00:03:4759	01:03:1263	00:02:0867	00:29:27	01:45:26
57	26	AMANDA COCKE	GOODE VA	37	00:05:5557	00:03:1388	01:10:5326	00:01:3019	00:23:59	01:45:28
58	27	MONICA CATALANO	ATHENS GA	41	00:05:5961	00:03:1861	01:04:2282	00:02:3269	00:29:47	01:45:56
59	27	HEATHER ZEALAND	LYNCHBURG VA	72	00:07:08100	00:04:3294	01:12:2513	00:01:204	00:20:46	01:46:08
60	20	KATHERINE WELLING	ANNANDALE VA	39	00:05:5651	00:03:0840	00:59:2685	00:02:3996	00:35:04	01:46:13
61	16	SARAH NILLES	LYNCHBURG VA	25	00:05:3976	00:03:4470	01:06:1839	00:01:4762	00:28:48	01:46:15
		PlaceAgeCat. NAME	CITY/STATE	Rank	SWIM Rank	T1 Rank	BIKE Rank	T2 Rank	RUN	PENALTY TIME DQ
62	20	DEVAN FITZPATRICK	MIDLOTHIAN VA	47	00:06:0812	00:01:5181	01:09:4248	00:01:5447	00:27:38	01:47:11
63	26	AMY HAWKINS	GOODE VA	94	00:08:0698	00:04:2966	01:05:0189	00:02:4945	00:27:20	01:47:43
64	32	A HEATHER DAVIS	CLOVERDALE VA	46	00:06:07108	00:05:3742	00:59:32111	00:05:2482	00:31:28	01:48:06
65	25	ALLYSON DOBY	LYNCHBURG VA	18	00:05:2653	00:03:1073	01:07:2271	00:02:2173	00:30:16	01:48:33
66	33	JULIE EIBEN	FREDERICKSBURG VA	92	00:07:5592	00:04:1357	01:02:4097	00:03:1278	00:30:56	01:48:54
67	27	CARRIE YUSKO	SPOTSYLVANIA VA	79	00:07:1722	00:02:1379	01:09:0033	00:01:3464	00:29:10	01:49:12
68	32	MARIE PAULINE MORN	NORWALK CT	91	00:07:5450	00:03:0444	00:59:5557	00:02:02103	00:36:40	01:49:33
69	21	KATHERINE NAEHER	VIENNA VA	68	00:06:56109	00:05:4950	01:01:32112	00:05:3272	00:29:56	01:49:43
70	22	JENNIFER KINSEY	WEST CALDWELL NJ	57	00:06:30116	00:07:5162	01:04:34100	00:03:2357	00:28:17	01:50:32
71	33	HUYNH HINSHAW	FAIRFAX VA	97	00:08:1468	00:03:3186	01:10:3637	00:01:3856	00:28:10	01:52:07
72	16	EMILY PHILLIPS	FOREST VA	15	00:05:2230	00:02:4469	01:06:1288	00:02:45100	00:35:39	01:52:39
73	37	ELISA MORTON	LYNCHBURG VA	34	00:05:5184	00:03:5264	01:04:49108	00:04:4788	00:33:28	01:52:45
74	47	SUSAN HALL	FREDERICKSBURG VA	106	00:08:3989	00:04:0665	01:04:5954	00:02:0087	00:33:18	01:52:59
75	53	MARY SUE RAMEY	FOREST VA	103	00:08:2852	00:03:0876	01:08:1328	00:01:3183	00:31:45	01:53:03
76	34	HOLLIE PORTER	BEDFORD VA	81	00:07:1838	00:02:51103	01:16:3512	00:01:1834	00:26:00	01:54:00
77	38	ANGELA BERST	BURKE VA	100	00:08:1987	00:03:5780	01:09:286	00:01:0980	00:31:13	01:54:03
78	21	LINDSEY RANDLETT	CHARLOTTESVILLE VA	8	00:04:4962	00:03:18104	01:16:407	00:01:1255	00:28:06	01:54:04
79	39	LISA FIEDOREK	BURKE VA	61	00:06:3691	00:04:1192	01:11:4092	00:02:5663	00:28:48	01:54:09
80	24	CAROLYN FAWCETT	CHARLOTTESVILLE VA	26	00:05:4070	00:03:3398	01:13:5847	00:01:5365	00:29:10	01:54:13
81	28	JENNIFER PILLOW	APPOMATTOX VA	60	00:06:3360	00:03:17106	01:17:0544	00:01:5232	00:25:50	01:54:35
82	22	ANNIE JOHNSON	LYNCHBURG VA	49	00:06:1537	00:02:5196	01:13:323	00:01:0881	00:31:19	01:55:03
83	32	DARLENE JENKINS	LYNCHBURG VA	78	00:07:1767	00:03:2983	01:10:1450	00:01:5684	00:32:23	01:55:17
84	25	VANESSA NEWLAND	LYNCHBURG VA	86	00:07:3794	00:04:1793	01:12:0735	00:01:3568	00:29:43	01:55:17
85	22	ABBY JACKSON	ROANOKE VA	30	00:05:44110	00:05:5567	01:05:26113	00:06:0286	00:33:07	01:56:13
86	31	VIRGINIA ADDISON	ARLINGTON VA	89	00:07:45106	00:05:3368	01:05:3470	00:02:2198	00:35:12	01:56:24
87	31	A TAMI JACOB	LYNCHBURG VA	85	00:07:3178	00:03:4674	01:07:4379	00:02:2997	00:35:11	01:56:38
88	36	A JUDY SERATTE	FREDERICKSBURG VA	115	00:09:4428	00:02:3987	01:10:3898	00:03:2177	00:30:44	01:57:04
89	23	A KEMPTON HEALEY	CHAPEL HILL NC	56	00:06:29111	00:05:5682	01:09:5818	00:01:2493	00:34:44	01:58:29
90	35	TERRI BUNCH	WARSAW VA	96	00:08:1490	00:04:1077	01:08:1495	00:03:0295	00:35:03	01:58:41
91	35	JULIE STEWART	GOODE VA	102	00:08:2565	00:03:27107	01:17:1149	00:01:5659	00:28:25	01:59:23
92	34	KELLY JENNINGS	BEDFORD VA	87	00:07:3842	00:02:58108	01:18:1215	00:01:2166	00:29:15	01:59:23
		PlaceAgeCat. NAME	CITY/STATE	Rank	SWIM Rank	T1 Rank	BIKE Rank	T2 Rank	RUN	PENALTY TIME DQ
93	39	A HEIDI COKER	LOCUST GROVE VA	110	00:08:5166	00:03:2855	01:02:3580	00:02:30109	00:42:08	01:59:30
94	25	HEATHER VOZEL	LYNCHBURG VA	69	00:06:5997	00:04:28105	01:16:4145	00:01:5271	00:29:51	01:59:49
95	28	FRANKIE O'LEARY	FOREST VA	31	00:05:4677	00:03:4697	01:13:3462	00:02:0899	00:35:30	02:00:42
96	52	ROBIN CLARKE	AMISSVILLE VA	83	00:07:2973	00:03:39111	01:19:3130	00:01:3275	00:30:31	02:02:41
97	18	AMY PHILLIPS	FOREST VA	50	00:06:1863	00:03:2271	01:06:3668	00:02:16112	00:44:53	02:03:23
98	55	MARIE ALLEN	LYNCHBURG VA	118	00:10:3985	00:03:5299	01:14:155	00:01:0990	00:33:39	02:03:32
99	48	JANET DALTON	FOREST VA	98	00:08:1746	00:03:01100	01:14:2629	00:01:32101	00:36:36	02:03:50
100	31	DORSA SANADGOL	SWEET BRIAR VA	117	00:10:08104	00:05:1589	01:10:54104	00:03:5894	00:34:46	02:04:59
101	50	KAREN LEH	STERLING VA	51	00:06:22115	00:07:1685	01:10:20114	00:06:2992	00:34:39	02:05:04
102	25	JOY OSBORNE	LYNCHBURG VA	113	00:09:10113	00:06:46102	01:15:0177	00:02:2689	00:33:35	02:06:56
103	31	JENNIFER ANDERSON	LYNCHBURG VA	111	00:08:5183	00:03:52109	01:18:2372	00:02:2291	00:34:05	02:07:30
104	51	DANA JOHNSON	EVINGTON VA	116	00:09:52103	00:05:0390	01:11:0256	00:02:02107	00:40:10	02:08:07
105	52	SUSAN FAULCONER	LYNCHBURG VA	108	00:08:48112	00:05:5884	01:10:20110	00:05:23106	00:39:29	02:09:56
106	31	MECOLE INGRAM	LYNCHBURG VA	84	00:07:3199	00:04:31110	01:18:4060	00:02:08105	00:37:31	02:10:19
107	16	WENDY AMADEE	CHESTERFIELD VA	112	00:08:55120	00:10:5291	01:11:2561	00:02:08104	00:37:23	02:10:40
108	23	A CHERYL MAREK	SALEM VA	38	00:05:5582	00:03:51101	01:14:34105	00:04:08111	00:43:19	02:11:45
109	38	DANA KOENIG	LYNCHBURG VA	107	00:08:47101	00:04:36112	01:27:3242	00:01:50102	00:36:36	02:19:19
110	34	MICHELLE HUMPHRIES	EVINGTON VA	99	00:08:17105	00:05:28113	01:32:2478	00:02:27108	00:41:33	02:30:07
111	28	EF KACEY ANDERSON	LYNCHBURG VA	104	00:08:3564	00:03:24115	01:47:2321	00:01:2585	00:32:42	02:33:26
112	11	ALEXIS PHILLIPS	FOREST VA	77	00:07:17117	00:07:55117	01:49:4181	00:02:31110	00:42:12	02:49:34

113	49	CINDY THOMAS	GOODE VA	119	00:15:37114	00:07:06114	01:39:45101	00:03:45113	00:50:56	02:57:07
114	11	LINDSAY BROMAN	FOREST VA	120	00:17:2881	00:03:50116	01:47:28107	00:04:41114	00:55:43	03:09:08
115	26	TERESA BECKER	CINCINNATI OH	45	00:06:0588	00:03:5949	01:01:25			
116	26	AMANDA HEPP	LYNCHBURG VA	73	00:07:11102	00:04:4175	01:07:44			
117	15	JENNA CHRISTENSEN	CARY NC	32	00:05:4849	00:03:0495	01:12:37			
118	13	GRACE PARKER	LYNCHBURG VA	11	00:05:10119	00:08:27118	01:52:04			
119	41	KATE ERICSSON	ROANOKE VA	16	00:05:2436	00:02:50				
120	48	CINDY IVERSEN	SALEM VA	76	00:07:1496	00:04:28				

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